



Lesson 19: Introduction to Leadership Lesson Plan

Estimated lesson time: 90 minutes

Learning objectives:

- Identify and explore characteristics of effective leaders
- Describe their own and others' definitions of leadership
- Identify and define leadership attributes they possess
- Be able to put leadership qualities into practice

Key concepts:

- Collaboration
- Communication
- Leadership
- Self-reflection

Lesson components:

- I. Background (for instructors) – 10 minutes
- II. Icebreaker activities – 15 minutes
- III. Introduction to Leadership (lecture and activity) – 15 minutes
- IV. Systems Thinking: Putting Leadership into Practice (group discussion) – 45 minutes
- V. Debriefing – 15 minutes