



Lesson 3: History of Food and Agriculture Lesson Plan

Estimated lesson time: 120 minutes

Learning objectives:

- Consider and reflect upon how the food system has changed over time
- Reflect upon how the changes in agriculture have been influenced by society and how society (social, economic, health, and political development) has been impacted by agriculture
- Describe major milestones in the history of food and agriculture
- Graph human population from the beginning of human history to present

Key concepts:

- Systems
- Population growth
- Linear concept of time

Lesson components:

- I. Background (for instructors) – 5-10 minutes
- II. Icebreaker activity – 15 minutes
- III. Exploring the history of agriculture and food (lecture and activity) – 45 minutes
- IV. Systems Thinking: Understanding the impact of food on household livelihoods (role playing/simulation) – 45 minutes
- V. Debriefing – 15 minutes